



Project Diary
SMART MOVE

ERASMUS+ KA220
24th Kindergarten of Kavala





OCTOBER 2022
OCTOBER 2024



PROJECT REPORT

- ✓ The 24th kindergarten of Kavala has decided to apply as a partner for Erasmus + Project.
- ✓ Coordinator country Slovenia submitted the application on 15.03.2022
- ✓ The Smart Move project was approved by Erasmus + from the reserve list and the coordinator country informed us on 05.09.2022
- ✓ Participating countries : Slovenia, Greece, Portugal and Turkey.
- ✓ On 27th of September Slovenia informed us that Portugal partner resigned from the project and our new partner is Lithuania.
- ✓ Our project started on 01.10.2022
- ✓ First zoom meeting on 19.10.2022
- ✓ We voted for the logo of the project and we had the results on 10.11.2022
- ✓ 2022. Maria Karakatsani published an article at the book "Arts, Museums, outdoor activities and learning, under erasmus+ 2020-1-BG01-KA227-SCH-894996 titled "A learning experience that the 4 corners of the classroom can never teach".
- ✓ We signed the agreement (contract) of the project on 18.11.2022
- ✓ Second zoom meeting on 12.01.2023



PROJECT REPORT

- ✓ March the month of Gym Program in Kindergarden
- ✓ Third zoom meeting 19.04.2023 Mobility in Greece
- ✓ Mobility in Greece 8-12/05/2023
- ✓ Agreement of the next mobility of the project in Turkey 25-29/09/2023
- ✓ zoom meeting between Greece and Slovenia. Children get to know each other, 24/05/2023.
- ✓ 14/06/2023 Smart Move Activities parents and children at the final celebration of the school year.
- ✓ Forth zoom meeting 19.09.2023 Mobility in Turkey, presentation of the educational system of each country. Discussion about our next task, preparing a booklet for smart move activities.
- ✓ Mobility in Turkey 24-29/09/2023.
- ✓ Agreement of the next Mobility of the project in Lithuania 27-29/05/2024.
- ✓ 29/09/2023 . Day of the athletics in Greece. Children engage in sports activities.



PROJECT REPORT

- ✓ 5th Zoom meeting 21.11.2023 . Maria Karakatsani from Greece presented the booklet about Smart Move activities . Emilia Jareb from Slovenia invited all participants to register on Twin Space.
- ✓ 01.12.2023 , Excursion to the nearby forest with the walking bus on the first day of winter. Construction of feeders with natural materials, outdoor activities, walking in nature.
- ✓ 04.12.2023, meeting with parents .Presentation of the Smart Move activities , getting to know the use of the booklet.
- ✓ 08.12.2023, Parents contribution on Smart move activities. Playing and gym at school sign by parents.
- ✓ 23.12.2023. Greece team sent the final booklet to the partners .
- ✓ 09.01.2024 , Miss Kalliopi Paschalidou , our English teacher , create an ebook with children for our mascot's story "The turtle's gift".
- ✓ 12.01.2024, Miss Kalliopi Paschalidou made a voice record of the story on Greek language .
- ✓ 22.01.2024 Maria Karakatsani sent to coordinator the ebook and the voice record of our story.
- ✓ 08.02.2024 Getting to know the sport of Basketball.Visiting basketball team and training.



PROJECT REPORT

- ✓ February-March 2024, Traditional dance lessons.
- ✓ 11.03.2023, Juggling and acrobatic circus tricks at school
- ✓ 27.03.2024, AEK Football team at school training time.
- ✓ 27.03.2024, Taekwondo and fencing at school. Getting to know the two Olympic sports by training.
- ✓ 10.04.2024, classical sports .Visiting the classical sports field for training.
- ✓ 17.04.2024,
- ✓ 6th Zoom meeting 23.04.2024 . Partners present children's means of transport in kindergarten, from Greece presented by Sofia Filippidou . Preperation for the mobility in Lithuania.
- ✓ 28-30.09.2024 Mobility in Lithuania
- ✓ 05.06.2024, activities with water and by the water.
- ✓ 13.06.2024, Certificate Smart Day. Children fielded successfully the smart move booklet.
- ✓ 16-20.09.2024 Slovenia's final meeting mobility.
- ✓ 30.09.2024 Maria Karakatsani sent to Slovenia's coordinator the answered questionnaires of children.
- ✓ 22.10.2024 Maria Karakatsani sent to Slovenia the final report.





PROJECT TEAM MEMBERS

24th Kindergarten of Kavala



PROJECT CORDINATOR: Maria Karakatsani

MEMBERS: Sofia Filippidou, Charopoulou Sofia, Tsakiridou Xristiana, Pasxalidou Kalliopi, Alexia Ektaroglou, Tsompanidou Kelly, Kordili Kiriaki, Tsimeroglou Magdalena, Fani kollara, Despoina Tsipouridou, .

PRINCIPAL: Sofia Filippidou





The smart
move project
was
presented



01

To colleagues & to
educators community
of Kavala

02

To parents

03

On the bulletin board
in the kindergarten

04

On kindergarten's
website



The smart
move project
was
presented



05

To media, facebook,
web newspapers

07

To our mayor

06

To our training
advisor



On line meetings with partners



01



1 zoom meeting
19.10.2022

02



2 zoom meeting
12.01.2023

03



3 zoom meeting
19.04.2023

04



4 zoom meeting
19.09.2023





On line meetings with partners



05



5 zoom meeting
21.11.2023

06



6 zoom meeting
23.04.2024





Meetings in Kidergarten



03.10.2022
Maria Karakatsani
informed that smart
move project starts.



21.10.2023
Review of first zoom
meeting.
Division of Tasks between
partners



22.11.2022
Meeting about the mascot
of Greece, discussion
about the signed
agreement for the project



25.01.2023
Review of second zoom
meeting





Meetings in Kidergarten



03.03.2023
Organize the gym
program in kindergarden



20.04.2023
Review of the third zoom
meeting.
Mobility in Greece



29.03.2023
Meeting with parents and
guardians association,
about the configuration of
the yard.



16.05.2023
Evaluation of the mobility
in Greece.





Meetings in Kindergarten



19.09.2023
Maria Karakatsani
informed about the
mobility in Turkey



2.10.2023
Evaluation of the mobility
in Turkey
Division of Tasks between
partners



22.11.2023
Maria Karakatsani
Informed about the 5th
zoom meeting with
partners



02.12.2023 Maria
Karakatsani presents the
booklet to colleques.





Meetings in Kindergarten



25.04.2024
Maria Karakatsani
informed about the
mobility in Lithuania



10.06.2024
Evaluation of the mobility
in Lithuania
Division of Tasks between
partners



02.09.2024
Maria Karakatsani
informed about the final
mobility in Slovenia

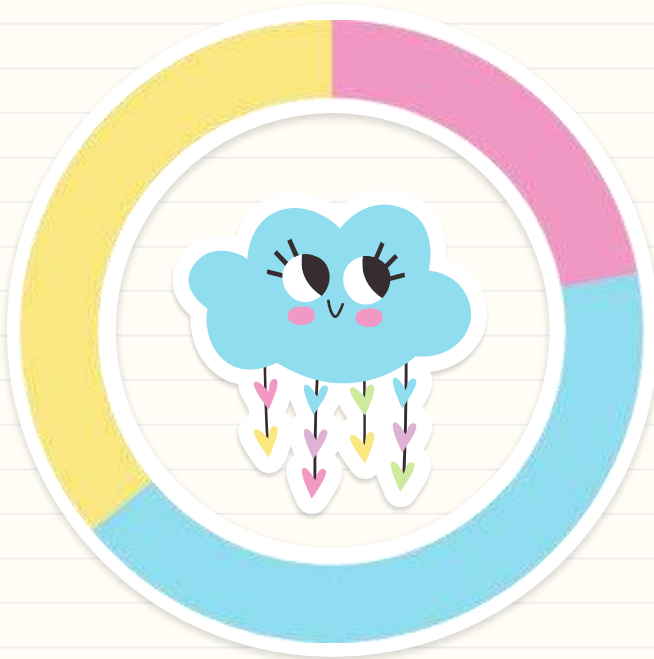


27.09.2024
Evaluation of Slovenia's
mobility





OUR TASKS



Finding the logo
of our project



Choose the mascot of our
kindergarten (a hare and
a tortoise)



Competition for our
mascot (children drew
and vote for the one)

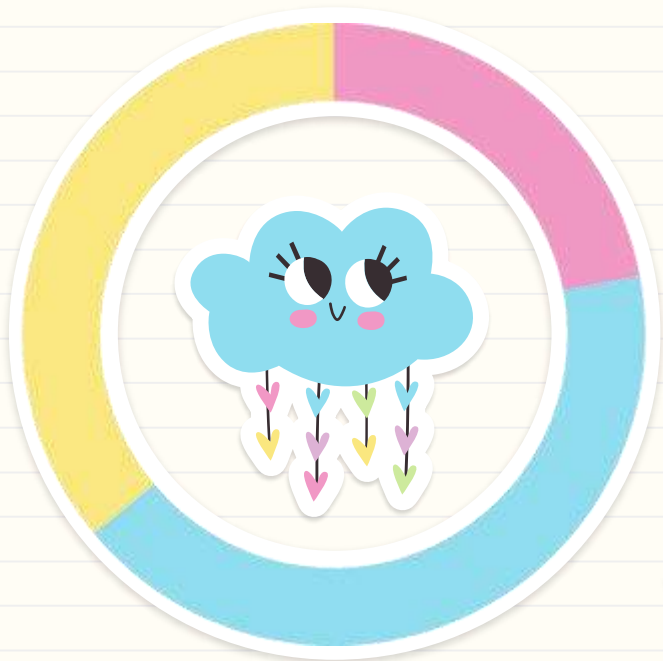


Story of our
heroes(English teacher
creates the story with
children)





OUR TASKS



Maria wrote a leaflet on our language (from Lidija's leaflet)



Its teacher made the questionnaires for the research .
Maria upload them on the google forms



A video made for the presentation of our school and our city (By Maria)

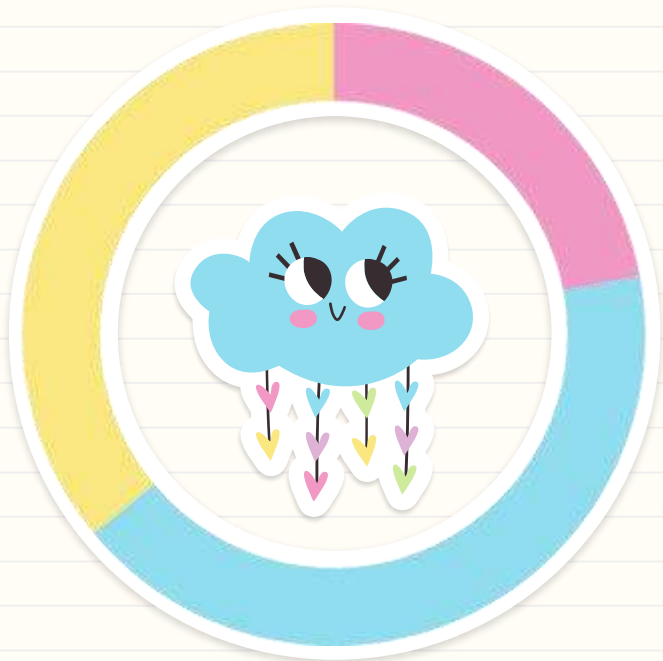


Arrangements for the first mobility in Greece
8/5/23-12/5/23





OUR TASKS



*Organize the mobility in Greece
8-12/05/2023*



Maria Karakatsani prepared a power point for the presentation about the school system of Greece at the forth zoom meeting 19.09.20223



Maria Karakatsani and Sofia Charopoulou preparing the booklet of the Smart Move activities

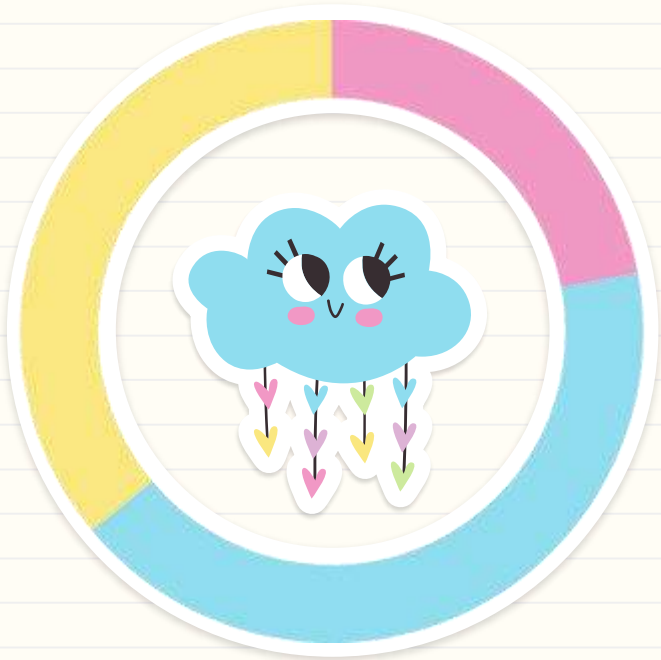


Organize activities from the booklet. Target: To do all the activities.





OUR TASKS



Register on
Twinspace



Maria Karakatsani Sent to Slovenia
the book of our mascot story and a
voice record of our mascot story on
our language



Children answered the
questionnaires.

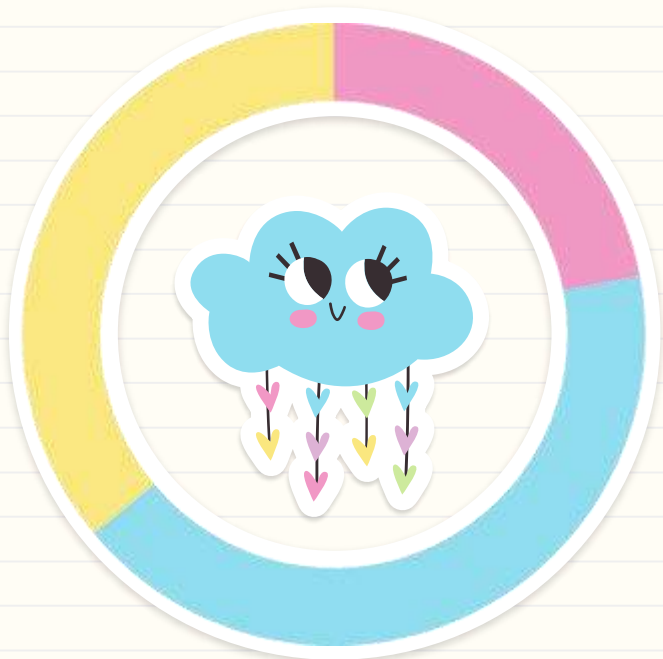


Sofia Filippidou prepared a
presentation about children's
means of transport at the
kindergart for the 6th zoom
meeting





OUR TASKS



Maria Karakatsani prepared the final presentation for the final conference



Maria Karakatsani prepared the final report and diary and sent it to Slovenia coordinator





Mascots of all partners



A hare and a tortoise
24th kindergarten of Kavala
Greece



Smarta
Kindergarten of Miskolin
Slovenia



A bike
Pasvalio lopselis Liepaite



A lemon
Arpacbahsis Yardimcilar Ilkokulu



BULLETIN BOARD





Walking Bus Program for Sustainable Mobility

At first year of the program we wanted to raise awareness among students, parents and the community around the issue of sustainable mobility, so we organized a program of alternative modes of transport to school .

Purpose:

To promote alternative and sustainable transportation methods for preschool children and their parents through the "Walking Bus" program. The program encourages walking and collective commuting, reducing traffic congestion and emissions.

Goals:

1. To enhance children's physical activity.
2. To promote sustainable mobility within the community.
3. To strengthen the parent-child relationship through community involvement.
4. To reduce the use of vehicles for school transportation.

The Walking Bus is an organized walking route to school, where parents and children walk together along designated paths. Each "stop" on the route has specific times and meeting points.



Walking Bus Program for Sustainable Mobility

Organization:

1. **Formation of Groups:** Gathering interested parents to participate and determining routes.
2. **Establishing Stops:** Creating safe meeting points in strategic locations near the school.
3. **Schedule:** Setting departure and arrival times so everyone knows when to join.

Training & Information:

1. **Information Meetings:** Organizing meetings with parents to explain the program's operation and answer questions.
2. **Educational Workshops:** Programs for children about the importance of sustainable mobility and road safety.

Promotion & Communication:

1. **Flyers & Announcements:** Creating informative materials to distribute to children and parents.
2. **Social Media:** Using social networks to promote the program and share experiences.



Walking Bus Program for Sustainable Mobility

Benefits:

- Improved physical fitness for children.
- Creation of social relationships among parents and children.
- Reduction of traffic congestion around the school.
- Enhancement of environmental awareness in the community.

Conclusion:

Participation in the Walking Bus program offers a fun and healthy alternative for school transportation. With the cooperation and involvement of everyone, we can create a more sustainable and environmentally friendly community!



DRAWING OUR MASCOT





WALKING BUS



Getting to know our neighborhood
by making routes with the “walking bus.”



Gym Program in Kindergarten



Relay race. Familiarity with athletics



The kids had fun exercising with an experienced trainer.
Learning and adopting a better attitude
about movement in our lives.





Configuration of the yard.



Renewal of colors in the floor games of the yard, motivation for children to move.
Volunteer work by parents and teachers, in one weekend our yard came back to life



Nature lovers in action.



Visiting the environmental education center.
Walking in nature, getting to know the fauna of the area



Mobility in Greece

8-12/05/2023





Mobility in Greece First Day



*Guided tour of the kindergarten.
Presentation of our country with a theatrical act by the children*



Mobility in Greece Second Day



*Cultural tour day.
Archaeological site of Philippi, Baptistery of Saint Lydia*





Mobility in Greece Third Day



Outdoor "Smart Move" activities.
Football, traditional games,
survivor, plant.
"Kainakia farm"



Mobility in Greece Forth Day



*Sustainable mobility.
1st Cycling Race of the 24th Kindergarten of Kavala
with the participation of parents and the assistance of the cycling club of Kavala*



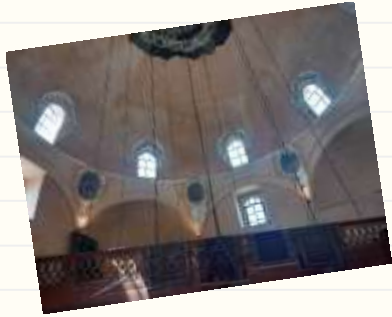
Mobility in Greece Certificate Day





Mobility in Greece

Imaret



Cultural Tour to the Old Town of Kavala.
Imaret monument



Zoom Meeting



*Slovenia and Greece are having meeting.
Children sang ,got to know each other ,listen of the mascot stories.*



Traffic education



*Children learn the rules of the road experientially.
They interpret signs and neighborhood markings. They learn to move safely*



Final Celebration of the year



parents with children on Smart Move activities



★ ↻ Mobility in Turkey 24-29/09/2023 ↻ ♥





Mobility in Turkey 24-29/09/2023





Mobility in Turkey 24-29/09/2023





Mobility in Turkey 24-29/09/2023





Mobility in Turkey 24-29/09/2023





Day of athletics in Greece

29.09.2023





First winter day 01.12.2023





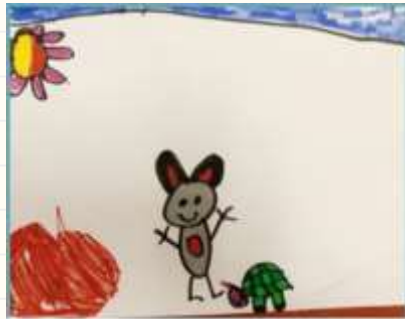
Parents contribution on
Smart Move activities
8.12.2023





Turtle's Gift ebook

09.01.2024





Movement Program in Kindergarten



At the second year a movement program was organized.

Goals:

1. Enhancement of Physical Activity:

To motivate children to engage in various sports and activities, promoting their physical fitness and overall well-being.

2. Creation of Healthy Habits:

To cultivate a love for movement and sports from an early age, so that these activities become an integral part of their lives.

3. Development of Social Skills:

To encourage cooperation and teamwork through group sports and activities, strengthening relationships among children.

4. Empowerment of Parent-Child Relationships:

To encourage parents to actively participate in activities, fostering companionship and family commitment to an active lifestyle.

5. Education and Awareness:

To inform parents and children about the importance of movement and sports in daily life, providing information and support.

6. Fun and Creativity:

To ensure that activities are enjoyable and engaging, encouraging children to participate and explore new sports.



Movement Program in Kindergarten



A booklet was made with smart move activities

Walking

Running

Ball games: basketball, football

Dance: Activities and dance workshops.

Track and Field Sports: Running races, jumping, and throwing events.

Gymnastics: Flexibility and balance exercises, taekwondo, fencing

Activities with water and by the water

Bike and scooter

Sticker System:

Children will earn a sticker each time they participate in one of the activities.

At the end of the program, there will be a small award ceremony for all children who collected stickers.

Conclusion

This program aims to activate children and their parents, inspiring them to adopt a more active lifestyle and enhancing cooperation among them through movement and fun.



Getting to know the sport of Basketball

08.02.2024





“Smart Move”...By Dancing Traditional dances lessons February–March 2024





*Circus at school.
We are introduced
to juggling and acrobatic tricks...
11.03.2024*





Getting to know the sport of football

27.03.2024





Taekwondo and Fencing 10.04.2024





Classical Sports

17.04.2024





Safe driving lessons at the traffic educational park 22.05.2024





Mobility in Lithuania

28-30.05.2024





Mobility in Lithuania

28-30.05.2024





Mobility in Lithuania

28-30.05.2024





Mobility in Lithuania

28-30.05.2024





Mobility in Lithuania

28-30.05.2024

(visiting the capitals of Lithuania)





Mobility in Lithuania

28-30.05.2024

(visiting Pasvaly's library)





Mobility in Lithuania

28-30.05.2024

(Certificate Night)





Activities with water and by the water

05.06.2024





Certificate Smart Day 13.06.2024



Mobility in Slovenia
16.09-20.09.2024
Running competition





Mobility in Slovenia

16.09-20.09.2024



A walk along the path of Memories and friendship





Mobility in Slovenia

16.09-20.09.2024

Tour at the city





Mobility in Slovenia 16.09-20.09.2024



Visiting the kindergarten





Mobility in Slovenia

16.09-20.09.2024

House of experiment





Mobility in Slovenia

16.09-20.09.2024
football national team





Mobility in Slovenia

16.09-20.09.2024

Hiking on Velika planina





Mobility in Slovenia

16.09-20.09.2024



Hiking on Velika planina





Mobility in Slovenia 16.09-20.09.2024



Train Trip to Kamnik





Mobility in Slovenia

16.09-20.09.2024



Olympic Games





Mobility in Slovenia

16.09-20.09.2024

Certificate Day





Smart Move
The End